

**GlaxoSmithKline's
PHASE UK (Personal Hygiene And Sanitation Education)
'Handy Heroes' Handwashing Programme**

The Glitter Experiment

This is a great way to demonstrate how bacteria and germs can live on our hands and be passed from person to person.

You will need:

- Glitter
- A bowl of warm water
- Soap
- Paper towels

Then:

- Select 6 children to come to the front
- Sprinkle some glitter on your hands. Ask children to pretend that the specks of glitter are specks of dirt.
- Shake a child's hand and then ask the child to look at their hand. Say, "Look, I've passed on some dirt".
- Then ask that child to shake someone else's hand, and so on.
- Make your way to the end of the line of children to be the last one to shake hands.
- Wash but do not dry your hands. Then show the children your hands (not all glitter should be gone yet).
- Next, wash your hands with soap and dry them with a paper towel and show the children again. The glitter should be gone.
- Explain that correct handwashing is important to get rid of the dirt that we can't always see.

Please do rehearse this briefly to ensure you can wash all the glitter away relatively easily.



The PHASE UK "Handy Heroes" Handwashing Programme is sponsored by GlaxoSmithKline

